

Clinic Overview

School Nurse: Ambrosia Ramos-Smith, RN, BSN Houston Academy for International Studies

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Vaccine Requirements:

- All students attending HAIS are required to be compliant with all state required vaccines.
- Students who remain out of compliance after immunization updates have been requested will be sent home after the 30th day of school until immunization requirements have been met.
- Rule of thumb: always submit an updated immunization record to the school for any vaccine that your child receives.

Communicable Disease Policy

- Students are sent home when...
 - Temperature is 100F or higher
 - Diarrhea- reports 3 or more episodes in a 24 hr period please do not send to school if they have diarrhea at start of school day before arrival. Please speak to the nurse if your student has diagnosed GI issues.
 - Vomiting- 2 or more episodes in a 24 hr period
 - Morning sickness and acid reflux are evaluated by nurse, vomiting due to smells/seeing something they did not like in cafeteria are not sent home.
- Students should remain home until fever/vomiting/diarrhea free for 24 hours without using medication (Tylenol, Motrin, Imodium, etc.)
 Emergencies
- Should your child have a medical emergency while at school you will be contacted immediately
- ***It is import to ensure that you update the school of any changes to phone numbers or emergency contacts and health issues.

Reminder a Nurse Pass is required for all visits to the clinic even for first aid, sanitary pads, etc. Exceptions made for emergencies only. Students are not allowed to come in between class periods.

Please NOTE: There is NO RESTROOM in the nurse clinic

Action Plans

Action plans are required if your child has any of the following diagnoses:

- Seizures
- Severe allergy/Anaphylaxis requiring use of emergency Epi Pen
- Asthma
- Diabetes
- Any other medical conditions which require medical intervention

Medication on Campus

- School District Policy prohibits the school nurse or school personnel from administering any type of medication, whether prescription or over the counter, without a doctor's order, signature, and parent/guardian signature on official HISD medication form.
- A physician order with parental consent must be on file in the clinic *before* the nurse or any staff can administer a medication to your child (including over-the-counter medications).
- Medication MUST be dropped off to the nurse by the parent or guardian.
 - This is to ensure medication safety and that all paperwork is in order as to not delay medication administration to your child.
- No medication is accepted without the proper forms on file in the clinic.
- All medication must be in the original packaging and must be pharmacy labeled.
- All medications must be picked up by a parent at the end of the school year. Medications left in the clinic will be disposed of after the last day of school.

Over the Counter Medication

- Over the counter (OTC) medications such as: Tylenol, Motrin, cough drops, vitamins, Neosporin, etc. are not permitted without an order signed by a physician and parental consent on file.
- OTC medications MUST be in the original packaging with a pharmacy label.
 - Your child's physician will need to call the prescription into the pharmacy

Activity Restrictions

 If your child needs physical activity restrictions from recess or PE due to an injury-Please contact the school nurse and submit a physician's letter stating the length of time your child should be restricted from physical activity.